



Assisted Living & Memory Care

Sample Menu

	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner</b>
<b>Sunday</b>	Lodge Living French Toast with Choice of Bacon, Sausage or Ham and a Fruit Cup	~ Triple Play Salad - Egg, Chicken and Tuna Salad on a Salad Plate with a Soft Roll <i>Or</i> ~ Chicken Slider with BBQ Sauce, Bacon and Cheddar Cheese and Broccoli Salad	~ Ham with Scalloped Potatoes and Buttered Asparagus <i>Or</i> ~ Fish and Chips in a Basket with Tartar Sauce and Coleslaw
<b>Monday</b>	Belgian Waffles with Strawberries and Whipped Cream with Choice of Bacon, Sausage or Ham and a Fruit Cup	~ Chicken and Dumplings <i>Or</i> ~ Neptune Salad on a Croissant with Fresh Fruit	~ Yankee Pot Roast with Potatoes, Vegetables and Crusty Bread <i>Or</i> ~ Shrimp Scampi over Angel Hair Pasta with Broccoli
<b>Tuesday</b>	Eggs in a Frame with Choice of Bacon, Sausage or Ham and a Fruit Cup	~ Half a Sandwich and Cup of Soup or Small Salad <i>Or</i> ~ California Cobb Salad with a Roll	~ Stuffed Clams Casino with Tomato and Asparagus Parmesan Orzo <i>Or</i> ~ Seasoned Grilled Chicken Breast with Tomato and Asparagus Orzo
<b>Wednesday</b>	Pancakes! Blueberry, Strawberry or Plain. Choice of Bacon, Sausage or Ham and a Fruit Cup	~ Chicken Tenders with Fries and Cole Slaw with Choice of Honey Mustard or BBQ Sauce <i>Or</i> ~ Roast Beef Club Sandwich with Lettuce, Tomato, Bacon and Horsey Sauce with Fresh Fruit	~ Sautéed Yellow Tail Snapper atop Rice Pilaf and Topped with Mushrooms, Leeks and Tomatoes <i>Or</i> ~ Meat and Vegetable Lasagna with Garlic Bread
<b>Thursday</b>	Egg, Cheese and Bacon, Sausage or Ham Sandwich and a Fruit Cup	~ 1/2 Tuna or Chicken Salad Sandwich on a Croissant with Fruit and Choice of Side <i>Or</i> ~ Coriander Dusted Grilled Chicken Breast over Fruit Salad with Lemon Thyme Vinaigrette	~ Residents' Family Dinner
<b>Friday</b>	Biscuits and Gravy with an Egg and a Fruit Cup	~ Open Faced Hot Turkey Sandwich with Mashed Potatoes, Gravy and Green Beans <i>Or</i> ~ New England Shrimp Roll with Cole Slaw	~ Kielbasa with Rosemary Poker Chip Potatoes and Brussels Sprouts <i>Or</i> ~ Sautéed Trout with Rosemary Poker Chip Potatoes and Brussels Sprouts
<b>Saturday</b>	Omelet with Your Choice of Fillings, Choice of Bacon, Sausage or Ham and a Fruit Cup	~ Baked Italian Combo with Carrot Slaw and Potato Salad <i>Or</i> ~ Philly Cheesesteak Sandwich with Carrot Slaw and Potato Salad	~ Roasted Pork Loin with Gravy, Sauerkraut, Czech Yeast Dumplings with Broccoli and Cauliflower

\* Dinner is served with a choice of soup or house salad  
 \*\* Menu is subject to changes and substitutions without notice